

Il modello Biopsicosociale in Psicosessuologia Clinica



SAPIENZA
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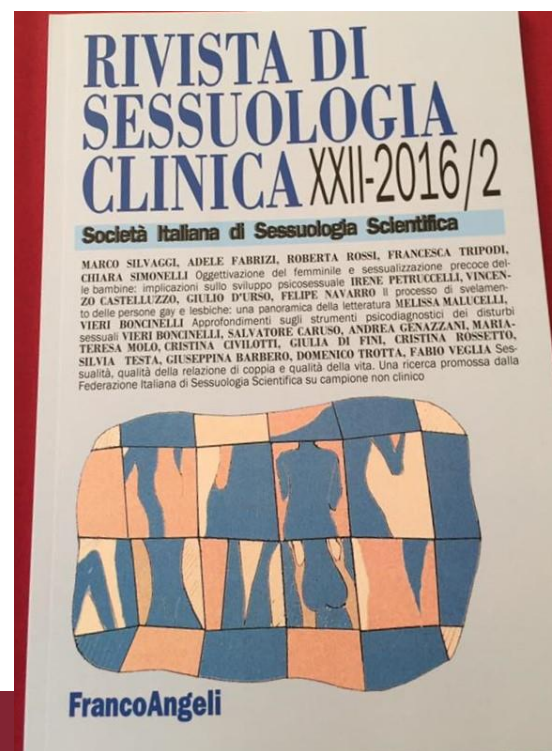
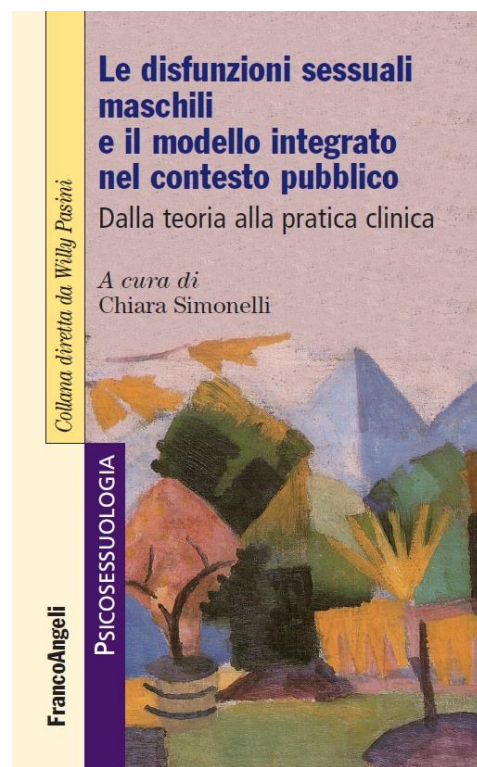
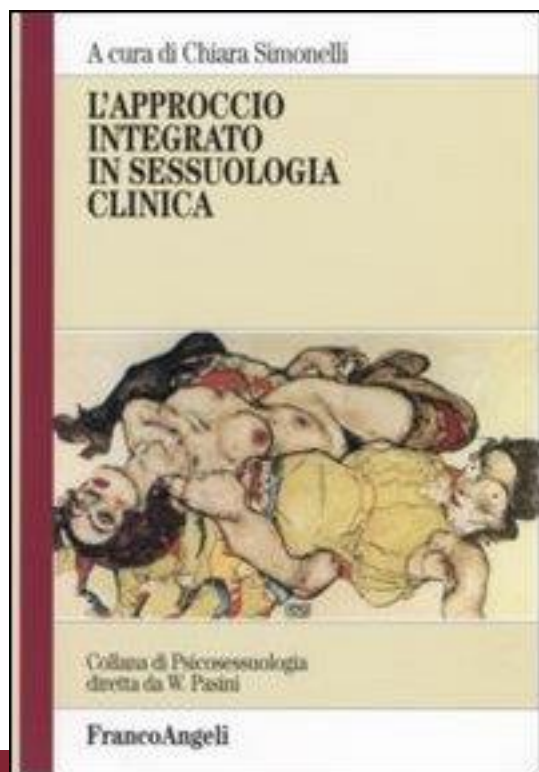
Daall' approccio integrato al modello Biopsicosociale

Sexologies (2010) **19**, 3-7

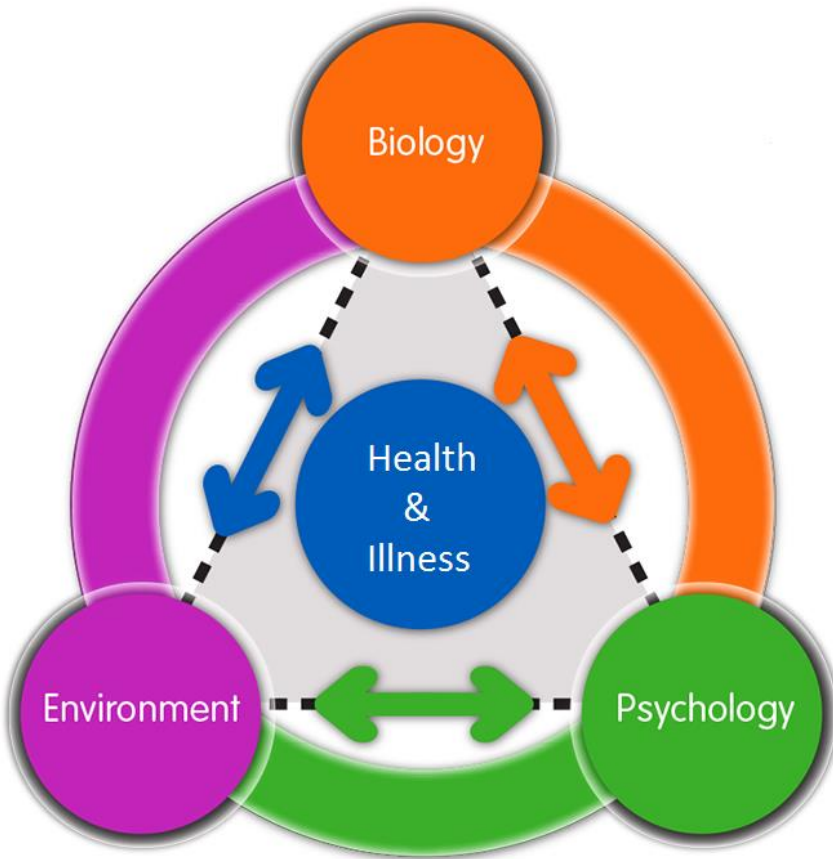
ORIGINAL ARTICLE

Clinical sexology: An integrated approach between the psychosomatic and the somatopsychic

C. Simonelli, A. Fabrizi, R. Rossi, C. Silvaggi, F. Tripodi, P.M. Michetti



IL MODELLO BIOPSIKOSOCIALE (BPS)



- Biological**
- Cardiovascular factors
 - Neurological factors
 - Endocrine factors
 - Cancer factors
 - Medication & treatment effects

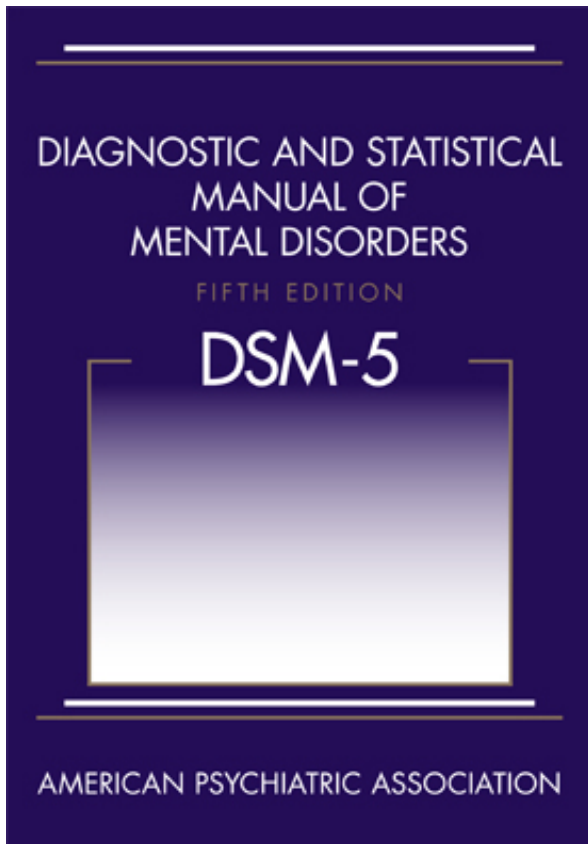
- Psychological**
- Presence of psychiatric disorders
 - Mood disorders (esp. depression)
 - Chronic or acute anxiety
 - Past trauma

- Biopsychosocial Symptomatology**
- Sexual disorder/dysfunction
 - Sex-related pain
 - Risk behaviors
 - Sexually transmitted infection

- Social-Interpersonal**
- History of abuse
 - Relationship problems with partner
 - Familial & social support network
 - Personal/professional stressors

- Social-Cultural**
- Specific subcultural factors (i.e., religious background, culture of origin, etc.)
 - Influence of media including Internet

IL BPS COME CONQUISTA



- Partners factors
- Relationship factors
- Individual vulnerability factors
- Cultural/religious factors
- Medical factors

Subtyping by etiological factors (such as psychological or combined) is deleted, as it is considered to be misleading, reductionist and is rarely shown to be accurate etiology.

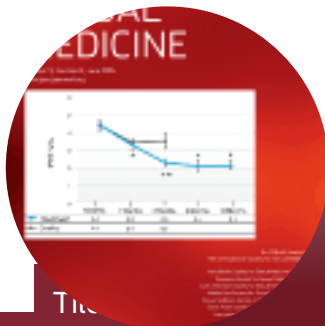
Aree da incrementare



More culture of BPS clinical practice



More training



More research

ALCUNE LINEE DI RICERCA



- Implementazione del modello biopsicosociale
- Sessualità maschile (es., desiderio sessuale)
- Sessualità femminile (es., disturbi da dolore sessuale)
- Formazione dei professionisti della salute
- HIV
- Patologie croniche e sessualità

Molte le aree di intervento integrato utili



Integration between different specialists



Cronic illness, Cancer survivors, psychiatric conditions, STDs, palliative care



Minorities (LGBT, transgender people after SRS, atypical/deviant behaviour)



COUPLE issues
(Discrepancy in SD, Infidelity, alliance for treatment)



WOMEN sexuality

Integrarsi tenendo presente:



Agreement on the model

Guidelines and tools for assessment and diagnosis

Algorithm for treatment

Definition of the domain of competence

DESIDERIO SESSUALE MASCHILE

SEXUAL MEDICINE REVIEWS

REVIEW

Male Sexual Desire: An Overview of Biological, Psychological, Sexual, Relational, and Cultural Factors Influencing Desire

Filippo Maria Nimbi, PhD,^{1,2} Francesca Tripodi, PsyD,² Roberta Rossi, PsyD,² Felipe Navarro-Cremades, PhD,³ and Chiara Simonelli, AP^{1,2}

THE JOURNAL OF SEXUAL MEDICINE

DESIRE

ORIGINAL RESEARCH

Testing a Conceptual Model for Men's Sexual Desire Referring to Automatic Thoughts, Emotions, Sexual Function, and Sexism

 Check for updates

Filippo Maria Nimbi, PhD, PsyD,^{1,2} Francesca Tripodi, PsyD,² Roberta Rossi, PsyD,² and Chiara Simonelli, AP, PsyD^{1,2}

THE JOURNAL OF SEXUAL MEDICINE

ORIGINAL RESEARCH

SEXUAL DESIRE

Expanding the Analysis of Psychosocial Factors of Sexual Desire in Men

 Check for updates


Filippo Maria Nimbi, PhD, PsyD,^{1,2} Francesca Tripodi, PsyD,² Roberta Rossi, PsyD,² and Chiara Simonelli, AP, PsyD^{1,2}

UJR: Your Sexual Medicine Journal
<https://doi.org/10.1038/s41443-018-0105-8>

ARTICLE



Which psychosocial variables affect drive the most? Analysis of sexual desire in a group of Italian men

Filippo Maria Nimbi ^{1,2} · Francesca Tripodi² · Roberta Rossi² · Paolo Maria Michetti³ · Chiara Simonelli^{1,2}

DOLORE GENITOPELVICO FEMMINILE

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PS-03-004 Sexual beliefs, modes and cognitive schemas in endometriosis women: A barrier in seeking help for sexual pain?

[F. Nimbi¹](#), [V. Rossi²](#), [F. Aversa²](#), [F. Tripodi²](#), [M.G. Porpora³](#), [C. Simonelli³](#)

DOI: <https://doi.org/10.1016/j.jsxm.2019.03.059> | 

331 Does genital sexual pain matter? An explorative study on reproductive-age women

[V. Rossi¹](#), [F. Tripodi¹](#), [F.M. Nimbi²](#), [C. Simonelli²](#)

 PlumX Metrics

DOI: <https://doi.org/10.1016/j.jsxm.2018.04.294> | 

699 Genito-pelvic pain disorders and psychological functioning: a comparative study between patients with vulvodynia and endometriosis

[V. Rossi¹](#), [F. Tripodi²](#), [F.M. Nimbi³](#), [C. Simonelli³](#), [M.G. Porpora⁴](#)

 PlumX Metrics

DOI: <https://doi.org/10.1016/j.jsxm.2018.04.607> | 

PS-03-001 Female sexual pain and quality of sex life: Preliminary results of the Italian protocol “sexuality and well-being”

[E. Viozzi¹](#), [V. Rossi²](#), [F. Tripodi²](#), [F.M. Nimbi²](#), [C. Simonelli³](#)

 PlumX Metrics

DOI: <https://doi.org/10.1016/j.jsxm.2017.03.093> | 

PS-02-005 Endometriosis and sexual functioning: How much do psycho-emotional factors matter?

[V. Rossi¹](#), [F.M. Nimbi²](#), [F. Aversa³](#), [F. Tripodi³](#), [M.G. Porpora²](#), [C. Simonelli²](#)

DOI: <https://doi.org/10.1016/j.jsxm.2019.03.050> | 

ASPETTI COGNITIVI E STEREOTIPICI

< Previous Article

July 2018 Volume 15, Issue 7, Supplement 3, Page S250

Next Article >

313 Modes, sexual beliefs, and cognitive schemas as important risk factors for male and female sexual dysfunctions: results from the Italian validation study of SMQ, SBDQ, and QCSASC

[F.M. Nimbi](#)¹, [F. Tripodi](#)², [C. Simonelli](#)³, [P.J. Nobre](#)⁴

DOI: <https://doi.org/10.1016/j.jsxm.2018.04.276> |  Check for updates

ORIGINAL RESEARCH ARTICLE

Sexual Dysfunctional Beliefs Questionnaire (SDBQ): Translation and psychometric properties of the Italian version



[F.M. Nimbi](#)^{a,b,*}, [F. Tripodi](#)^b, [C. Simonelli](#)^{a,b}, [P. Nobre](#)^c

THE JOURNAL OF
SEXUAL MEDICINE

ORIGINAL RESEARCH

PSYCHOMETRICS

Sexual Modes Questionnaire (SMQ): Translation and Psychometric Properties of the Italian Version of the Automatic Thought Scale

 Check for updates

[Filippo Maria Nimbi](#), PsyD, PhD,^{1,2} [Francesca Tripodi](#), PsyD,² [Chiara Simonelli](#), AP, PsyD,^{1,2} and [Pedro Nobre](#), AP, PsyD³


IJR: Your Sexual Medicine Journal (2018) 30:253–264

<https://doi.org/10.1038/s41443-018-0055-1>

ARTICLE



Questionnaire of Cognitive Schema Activation in Sexual Context: translation and psychometric properties of the Italian version

[F. M. Nimbi](#) ^{1,2} · [F. Tripodi](#)² · [C. Simonelli](#)^{1,2} · [P. J. Nobre](#)³

LM-51 - "CLINICAL PSYCHOSEXOLOGY"



La laurea magistrale inter-ateneo in lingua inglese si focalizzerà sui seguenti temi:

- Conoscenze generali sullo **sviluppo sessuale** e sulle specifiche **patologie e devianze** nell'arco di vita
- **Modelli psicot dinamici** e altre teorie di riferimento parallelamente al **modello biopsicosociale**
- **Strumenti di valutazione** per la diagnosi clinica, l'assessment e la ricerca
- Conoscenze sulla **psicofarmacologia**
- Temi della **sessuologia forense**
- **Comportamento riproduttivo e infertilità**

DOPO LA LAUREA

Il dottore magistrale in Clinical Psychosexology sarà chiamato a svolgere le **funzioni professionali dello psicologo clinico**, in particolare nella gestione di:

- fase diagnostica e riabilitativa dei soggetti e delle coppie con disfunzioni
- disagi e sofferenze legate all'identità di genere, all'orientamento sessuale, alla vita di coppia e alla sessualità.

Questa figura professionale garantisce **importanti sbocchi professionali** quali:

- consulenza psicosessuologica
- attività clinica
- Attività di ricerca
- attività peritale
- lavoro nei consultori e nei centri di procreazione medicalmente assistita
- educazione sessuale ed affettiva in varie fasce di età

I ANNO

SSD	Insegnamento	Cfu/Ore aula	Cfu/Ore lab	Cfu/Ore tot	Docente
M-PSI/08	Clinical Psychology of Sexual Development in the Lifespan	6cfu/48ore	3cfu/36ore	9cfu/84ore	Paolo Roma
M-PSI/07	Theory and Techniques of Clinical Counselling	6cfu/48ore	3cfu/36ore	9cfu/84ore	Francesco Gazzillo
MED/13	Psychoendocrinology and Medical Sexology	6cfu/48ore	-	6cfu/48ore	Emmanuele Angelo Francesco Jannini
M-PSI/07	Theory and Psychodynamic Models	3cfu/24ore	3cfu/36ore	6cfu/60ore	Riccardo Williams
M-PSI/08	Psychopathology of Sexual Behaviour	6cfu/48ore	3cfu/36ore	9cfu/84ore	Chiara Simonelli
M-PSI/04	Developmental Psychology	3cfu/24ore	3cfu/36ore	6cfu/60ore	Francesca Bellagamba
M-PSI/03	Psychometry and Psychometric Evaluation of Quality of Life	6cfu/48ore	3cfu/36ore	9cfu/84ore	Marco Lauriola
M-STO/05	History and Sociology of Sexual Behaviours	6cfu/48ore	-	6cfu/48ore	Renato Foschi

Cfu tot. 60

II ANNO

SSD	Insegnamento	Cfu/Ore aula	Cfu/Ore lab	Cfu/Ore tot	Docente
M-PSI/08	Clinical Aspects of Paraphilias and of the Deviance	6cfu/48ore	-	6cfu/48ore	Da assegnare (P.A.)
MED/40 MED/25	Fertility and Infertility and Psychopharmacology in Sexology				
Modulo MED/40	Fertility and Infertility and Sexuality	6cfu/48ore	-	6cfu/48ore	Donatella Caserta
Modulo MED/25	Psychopharmacology in Sexology	6cfu/48ore	-	6cfu/48ore	Cinzia Niolu
M-PSI/08 M-PSI/01	Trauma and Abuse in Forensic Psychology				
Modulo M-PSI/08	Trauma and Sexual Abuse and Gender Violence	6cfu/48ore	-	6cfu/48ore	Valeria Carola
Modulo M-PSI/01	Psychology of the Deposition and Forensic Sexology	3cfu/24ore	3cfu/36ore	6cfu/60ore	Giuliana Mazzoni
Modulo M-PSI/01	Activity chosen by the student	9cfu/84ore	-	9cfu/84ore	-
Modulo M-PSI/01	Further Formative Activities	-	-	3cfu/75ore	-
Modulo M-PSI/01	Further Linguistic Knowledge	3cfu/75ore	-	3cfu/75ore	-
Modulo M-PSI/01	Final Thesis	-	-	15cfu/375ore	-

LM-51 - Clinical Psychosexology

- ❖ **N° corso:** 30389
- ❖ **Durata:** 2 anni
- ❖ **Modalità di accesso:** Valutazione comparative e prova di ingresso selettiva
- ❖ **Numero di posti:** 60 (45 candidati da paesi UE + 15 extra-UE)
- ❖ **Dipartimento di afferenza:** Dipartimento di Psicologia Dinamica e Clinica
- ❖ **Periodo candidatura:** dal 10 Giugno al 26 Luglio 2019
- ❖ **Data prova:** 5 Settembre 2019